

## **Resources for Minorities guide** by PGSA

*Last updated: 5/18/2016*

1. **Sexual Harassment/Assault:** Please be aware that this list only constitutes a small fraction of the resources available for those who have been or wonder if they have been, sexually harassed/assaulted. For a more thorough treatment, visit [the CWRU page on sexual conduct](#).
  - a. Report
    - i. [harassment](#)
    - ii. [assault](#)
  - b. Support
    - i. University Counseling Services, 216.368.5872
  - c. Guidelines: [What constitutes sexual harassment?](#)
  - d. [Frequently Asked Questions about sexual assault](#)
  - e. [Campus Policy](#)
2. **Resources for Women**
  - a. Flora Stone Mather Center for Women
  - b. Support
    - i. WiSER (Women in Science and Engineering)
    - ii. WiDS (Women in Doctoral Studies)
  - c. Programs
    - i. Women's clinic on the 2<sup>nd</sup> floor of the Health Services building is designed specifically to meet the special needs of women students. Contact info: [myhealthconnect.case.edu](mailto:myhealthconnect.case.edu) or (216)368-2450.
3. **Resources for LGBT+**
  - a. [LGBT Center](#) website has basically everything that you could ever need. Information on Safe Zone, Campus groups, conversation groups, resources for allies, health, local and international groups, FAQs, etc.
  - b. [QGrad](#) is the PGSA of the LGBT Center. They're a fun and socially active on-campus group.
4. **Resources for International Students**
  - a. Support
    - i. [Center for International Affairs](#): Office of International Student Services
  - b. Programs
5. **Resources for Minorities**
  - a. [Office for Inclusion, Diversity & Equal Opportunity](#)
6. **Resources for Those with Mental Illness and Disabilities**
  - a. University Counselling Services
    - i. Individual appointments
      1. Psychiatric services
      2. Therapist
      3. Referrals

- ii. Couples counseling
- iii. Cognitive assessment (determine if you have a learning disability)
- iv. Group sessions: anxiety, autism spectrum, check-in (for help balancing work-mental health), empowerment support group for women effected by trauma, partners of medical students, art therapy, and more.

## 7. Religious Discrimination

## 8. Scientific Studies on Discrimination

- a. Opinion pieces supported by studies
  - i. [How Workplace Climate Changes the Knowledge We Generate](#) Although focusing on the experience of women in STEM this piece about positive and diverse working environments is applicable to many demographics.
  - ii. [What Malcolm Gladwell's Blink Teaches Us About Virtue](#) This article is a summary of one chapter of the book *Blink* by Malcolm Gladwell. It describes the importance of unconscious bias in decision making, especially in regards to race but can be applied to any underrepresented group.
  - iii. [Explaining White Privilege to a Broke White Person](#) About far more than just white privilege, this is an excellent article to introduce you to the concept of Intersectionality (in other words, how an individual may be privileged in some ways but definitely discriminated against in others).
  - iv. [An interview](#) with Peggy McIntosh (author of the 1988 essay, [White Privilege: Unpacking the Invisible Knapsack](#), that helped start the conversation about white/male privilege) that is enlightening and encouraging. Most importantly, the interview shows how the same system that oppresses women also oppresses men, but it a very different way.
- b. Studies and Reports (scholarly articles, formally submitted)
  - i. [2014 AIP Report on Minorities in Physics & Astronomy](#)
- c. Studies and Reports (popular press releases)